# People with disabilities THE building community INDEPENDENCE CENTER

# 2017 ANNUAL REPORT



Working with people with disabilities, their families and the community, we create independence so that all may thrive.

CENTER FOR INDEPENDENT LIVING - ADVOCACY HOME HEALTH CARE - CNA TRAINING - VETERANS

# A NOTE FROM

The year of 2017 was a pivotal year for The Independence Center (The IC). Our Home Health and Independent Living programs continued to expand as the demands of our community increased. Our connection to people with disabilities in the Pikes Peak region has enabled them to create and achieve goals that have grown in both numbers and sophistication. Additionally, The IC launched the Hospital to Home pilot program, intended to interrupt the flow of people with disabilities being transitioned to nursing facilities.

As demand for The IC's services increases, the need for growth in infrastructure increases as well. In 2017, The IC purchased the building next door to our 729 S. Tejon location. In conjunction with our donors, the Board of Directors, and the community, The IC will remodel this facility ensuring it achieves universal accessibility.



Patricia Yeager, Ph.D. CEO

On behalf of the entire organization, I want to give my heartfelt thanks to all our consumers, donors, corporate sponsors, and the community for a successful 2017. We look forward to creating independence with all of you in the years to come!

# 2017 HIGHLIGHTS



**The IC's Peer Support Programs ADAPTIVE RECREATION** 

Bowling Curling Yoga Fishing Dancing Scuba Camping Hiking

**Adaptive Cycling Horseback Riding Rock Climbing** Walk, Run, Roll (wheelchair) **Boating** - Kayaking, SUP Boarding, Sailing

### Why adaptive recreation?

The Harris Interactive study (2008) found that people with disabilities who indicate they are physically active are more likely to be employed and believe that being physically active has helped them advance in their jobs. Besides having greater access to a healthy lifestyle, those physically active report a greater life satisfaction, are more sociable, and positive about their life prospects.



**Pauline Nelson** Age 60

Pauline reported that the rock climbing experience changed her perspective about herself, and acted as a turning point. She stated that now she is centered on a "Why Not?" theme for 2018! With access, opportunity and support, people with disabilities live longer, and have better health outcomes.



### MARILYN'S STORY

Marilyn is a local Veteran who became a person with a disability during her years of service in the Army. She suffered from several different service-related health issues, including spinal meningitis. These health problems threatened Marilyn's ability to remain in her home, and she was on the verge of having to live in a skilled nursing facility. Through the assistance of The Independence Center's Veteran in Charge (VIC) program, Marilyn has avoided living in a nursing home.

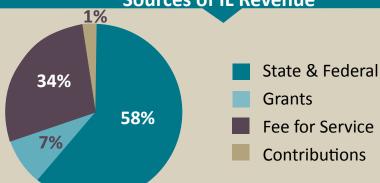
The VIC program, in coordination with other local organizations and the U.S. Department of Veterans Affairs, helped Marilyn create the structure necessary for her to live in her own home. She received home modifications, a chair glide, and a bathroom remodel to ensure her home met her accessibility needs. Finally, the VIC program helped her daughter become a paid caregiver so she could remain at home in the care of her loving family. In Marilyn's words, "Remaining in my home has always been my goal. This has only been possible by the coordination and support of the Veteran in Charge program." The Independence Center is proud to help our Veterans achieve the independence for which they so deserve.

# FINANCIALS

### Sources of Revenue Independent Living **Investment Income** Home Health (Primarily Medicaid)

Total Income: \$12,339,585

### **Sources of IL Revenue**



82%

## **Net Assets:** \$12,015,724



of total expenses are spent on programs benefiting consumers

**Expenses by Programs:** \$9.352.525 Administrative: \$1,940,747 **Fundraising:** \$163,107

**Total Expenses: \$11,456,379** 

# WHERE CAN YOU FIND US?

Please visit the-ic.org for more information



# **NEW BUILDING PURCHASE!**

Home to The IC CNA Training Program and making room for expanded services!



### THE IC BOARD

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