WHO
DOES THE IC HELP?
If you have a disability and you want more independence, The Independence Center (The IC) can walk with you on your journey to achieve your goals.
We serve people with disabilities in El Paso, Cheyenne, Kit Carson, Lincoln, Park and Teller counties. Services vary from county to county.

WHAT
TYPES OF DISABILITIES?
DEAF & HARD OF HEARING
BLINDNESS & LOW VISION
PHYSICAL
MENTAL HEALTH
ACCOMMODATIONS AVAILABLE UPON REQUEST

ABOUT
THE IC
Started in 1987, The Independence Center is a nonprofit with multiple departments. We have over 300 employees today, with over 51% of our IL staff and board having a disability. Additional departments are:

HOME HEALTH CARE
The IC offers home health care that is licensed and non-licensed, self directed or physician-directed, for all ages, and with the caregiver of your choice or an employee of The IC.

CNA TRAINING
The Independence Center’s CNA Training Program offers day and evening classes to become a qualified Certified Nurse Aide.

Main Office:
729 S. Tejon St. Colo. Springs, CO 80903
719-471-8181
Video Phone for the Deaf: 719-358-2513
www.the-ic.org
HOW CAN THE IC HELP ME?

RECEIVE WHAT YOU NEED TO LIVE INDEPENDENTLY

- Apply for disability benefits
- Learn about transportation options to get around town
- Use tools and assistive technology to make life easier
- Job preparation and assistance with finding employment

LIVE ON YOUR OWN

- Learn about home modification programs
- Get information about housing options
- For veterans:
  Veterans can direct the services and supports needed to live independently in their home and community
- For those who qualify: Transition from a nursing home to the community with appropriate services and supports

RECEIVE SKILLS & SUPPORT TO REACH YOUR GOALS

- Receive information about community services
- Join a support group - help each other grow as you face similar challenges
- Learn what your rights are and how to use those to gain greater independence
- Learn to manage daily tasks in skills classes

SPEAK UP FOR YOURSELF AND YOUR COMMUNITY

- Learn how to advocate for yourself to overcome life’s barriers
- Work with others to raise awareness and challenge institutional barriers on local and state levels
- For youth:
  Grow your leadership skills

WHERE DO I START?
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