Emergency Items and Supports

For people with access and functional needs before, during, and after an emergency.

**C-MIST Model:**

<table>
<thead>
<tr>
<th>C</th>
<th>COMMUNICATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>MAINTAINING HEALTH</td>
</tr>
<tr>
<td>I</td>
<td>INDEPENDENCE</td>
</tr>
<tr>
<td>S</td>
<td>SAFETY, SUPPORT SERVICES, AND SELF-DETERMINATION</td>
</tr>
<tr>
<td>T</td>
<td>TRANSPORTATION</td>
</tr>
</tbody>
</table>

**COMMUNICATION**
- Amplification systems
- ASL or Deaf-Blind interpreter
- Audio instructions
- Captions
- Communication cards
- Dry-erase board
- Florescent tape
- Large print or braille
- Pen and paper
- Security lights
- Text alerts
- White boards
**MAINTAINING HEALTH**
- Access to bathroom facilities
- Medical equipment and supplies
- Medical information list
- Medication
- Professional medical support when managing complex medical conditions
- Water and non-perishable food

**INDEPENDENCE**
- Durable medical equipment
- Eating or writing aids
- Personal assistance
- Reacher
- Scooters
- Service animal
- Transfer equipment
- Walkers
- Wheelchairs

**SAFETY, SUPPORT SERVICES, AND SELF-DETERMINATION**
- Audio cues
- Extra time to evacuate
  (pre-evacuation if possible)
- Picture prompts
- Support person
- Written instructions

**TRANSPORTATION**
- Information in alternative formats or other languages about how and where to access mass transportation during an evacuation
- Lift-equipped vehicles
- Vehicles that can transport heavy equipment